

February 2026

# West Plains Housing Authority

Live in harmony with one another; be compassionate and humble.



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## Jerry's Journal

Greetings Residents!

One month closer to spring! I am ready. I can almost hear the garden calling my name. I am ready for the new beginnings that come with spring.

Remember each day is a gift. Use it to its full potential.

If you need help with paperwork, have questions or any issues that concern you, please come by or call the main office (417-256-6663) and choose extension 207. If I do not answer, please leave your name and number and I will call you to schedule an appointment. My email address is [wpharic@gmail.com](mailto:wpharic@gmail.com). I am here to help YOU! There is never a silly question.

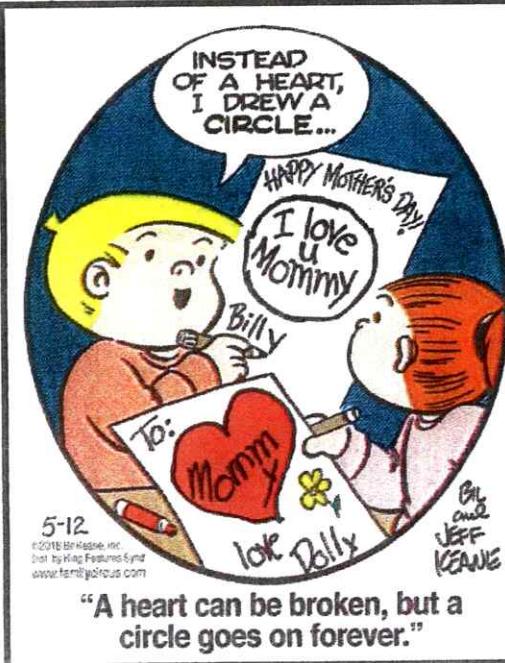
*Jerry*

*"Anyone who stops learning is old, whether at twenty or eighty. Anyone who keeps learning stays young."*

*- Henry Ford*

## Dates to Remember:

- WPHA offices will be closed on Monday, February 16<sup>th</sup>, for Presidents' Day.



*"A heart can be broken, but a circle goes on forever."*

## WPHA Staff

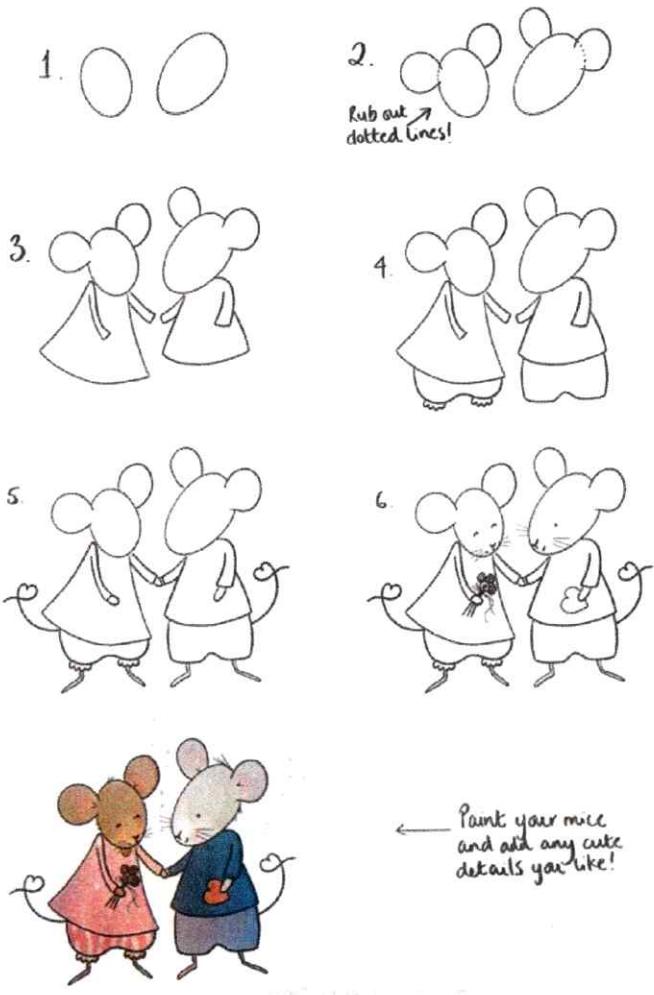
**Mandy**, Executive Director / HR  
**Brenda**, Deputy Director  
**Stacie**, Housing Specialist  
**Desirae**, Housing Clerk  
**Sandra**, Section 8 Coordinator  
**Nina**, Financial Operations Specialist  
**Jerry**, Resident Initiative Coordinator





A big "WELCOME" to our new residents! We are glad to have you with us. We look forward to getting to know you.

## How to draw a cute pair of valentines mice



## 7 Rules of Life

## 1. SMILE

It always works out in the end!

## 2. BE KIND

You have the power to make people feel  
good!

### 3. DON'T GIVE UP

If it doesn't work the first time, find another way!

#### 4. DON'T COMPARE

Everyone's on a different journey!

## 5. AVOID NEGATIVITY

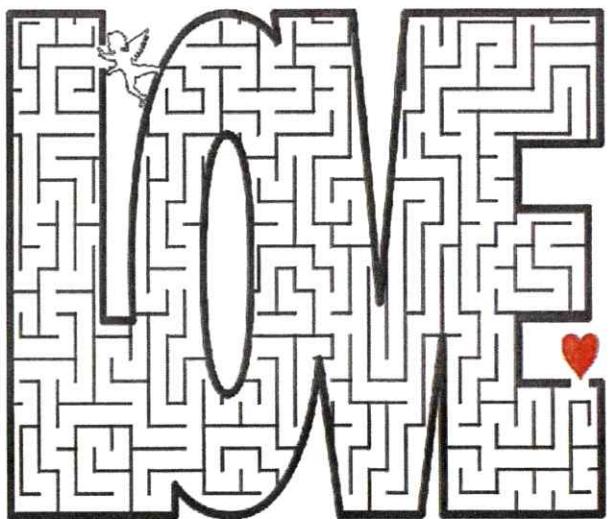
Avoid negative thoughts, situations, and people!

## 6. MAKE PEACE WITH YOUR PAST

Focus on being present and creating a better future!

## 7. TAKE CARE OF YOUR BODY AND MIND

One struggles to survive without the other!



# What's Cooking?

## 7-Up Biscuits

½ cup butter, melted

4 ¼ cups Bisquick

1 cup 7-Up

1 cup sour cream

Preheat oven to 425°. Pour the melted butter into the bottom of a 9x13 baking dish.

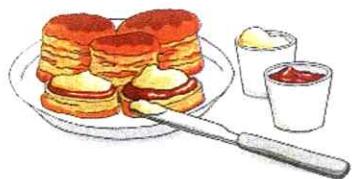
In a large bowl, mix the Bisquick, 7-Up, and sour cream together until dough is formed. The dough will be soft and sticky.

Sprinkle additional biscuit mix over your work area. Turn the dough out, and fold and work the dough just a little bit until it is easier to work with. Then, pat the dough out into a 1-inch thick circle.

Dip a biscuit cutter in the biscuit mix, then use it to cut out the biscuits. Place the biscuits in the baking dish on top of the melted butter.

Bake the biscuits for 12-15 minutes or until light golden brown. Brush the tops with additional melted butter, if desired.

\*You can do half a recipe in a 9-inch pan and bake for about 10 minutes.



## Cheesy Hamburger Rice Casserole

1 pound ground beef

1 (10.75 ounce) can cream of mushroom soup

1 (14.5 ounce) can diced tomatoes with juice

½ cup long grain white rice  
¾ cup shredded mozzarella cheese  
Salt and pepper to taste

Crumble the ground beef into a skillet and cook over medium-high heat until browned. Drain off grease, and stir in the cream of mushroom soup, tomatoes, and uncooked rice. Cover and simmer over low heat, stirring occasionally, until rice is cooked, about 15 minutes.

-Preheat the oven's broiler. When the rice is done cooking, transfer contents of the skillet to a casserole dish. Cover with a layer of cheese. Broil until the cheese is melted and toasty. Season with salt and pepper to taste.



## 4 Ingredient Blueberry Cobbler

3 cups blueberries, fresh or frozen

½ cup granulated sugar

½ cup butter, melted

15.25 yellow cake mix

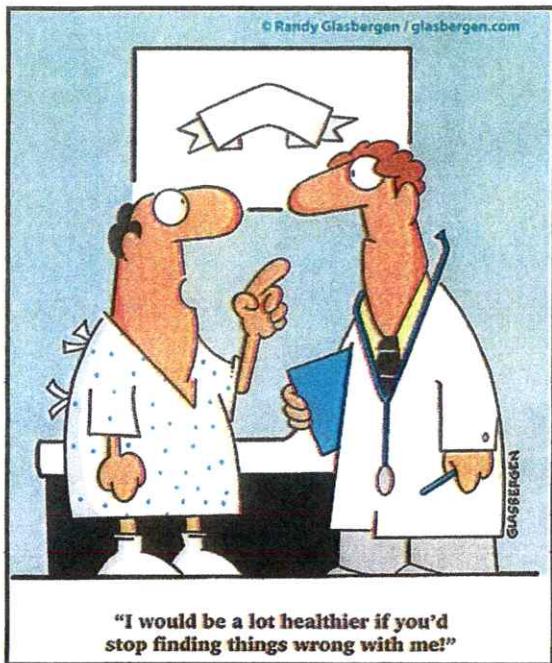
Preheat oven to 350° F. Spray a 9x13 baking dish with non-stick spray and set aside. Add the blueberries to the baking dish, top with sugar, stir gently to coat.

In a medium bowl, add the melted butter and cake mix. Stir to combine. Crumble the cake mix over the blueberries.

Bake 40 minutes or until golden and bubbly. Serve with ice cream or whipped cream, if desired.



# Just for Fun!



I'm not hard of hearing...  
I've just heard enough.

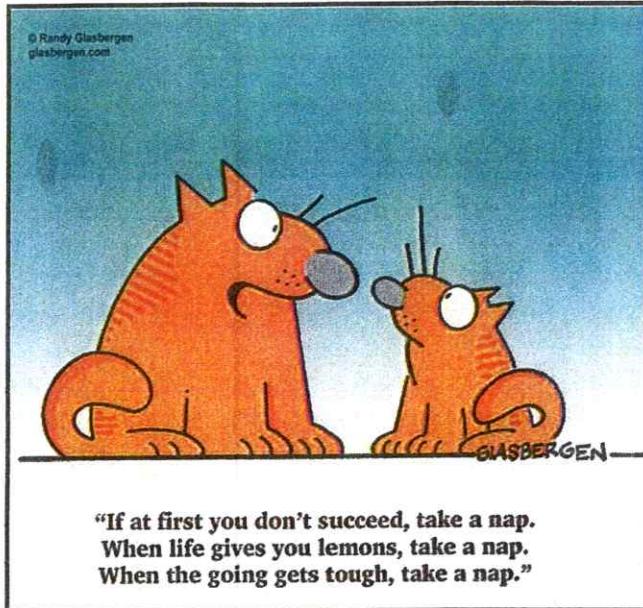
One of the shortest wills ever written: "Being of sound mind, I spent all the money."



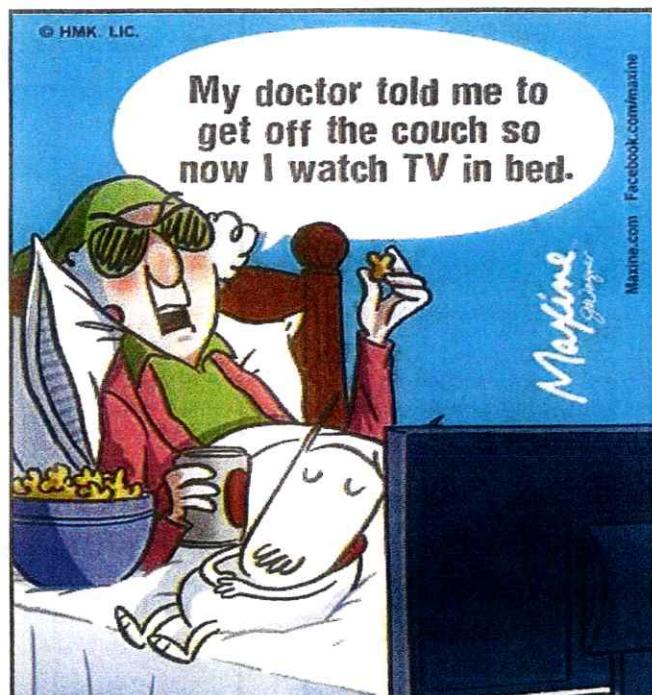
How does a frog feel when he has a broken leg?



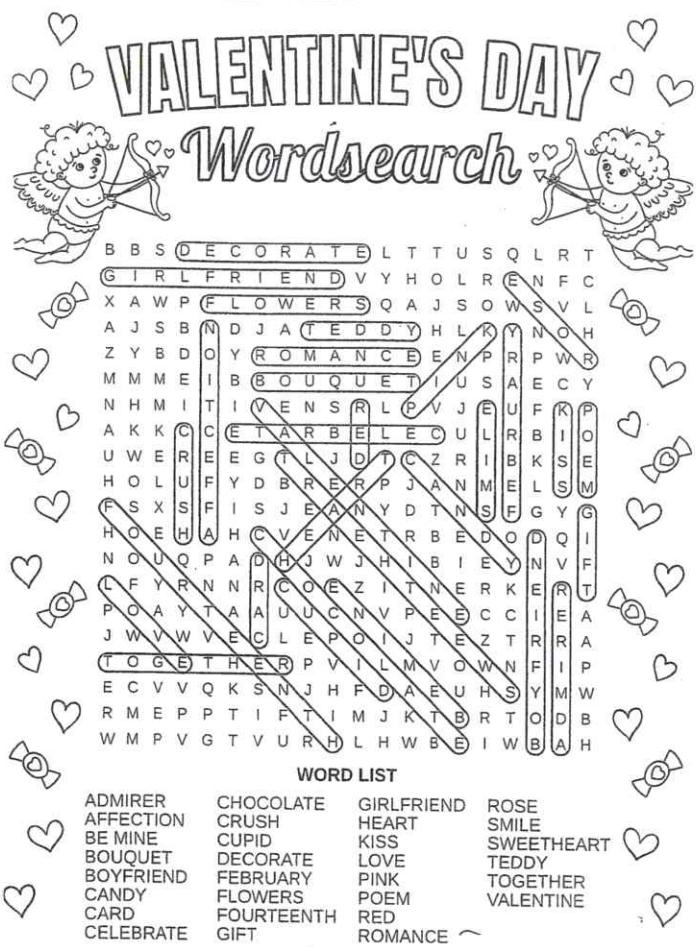
Unhoppy!



A guy on the subway showed me a picture of his wife and said, "Isn't she beautiful?"  
I said, "If you think she is beautiful, you should see my wife."  
He asked, "Is she stunning?"  
I said, "No, she is an optometrist."



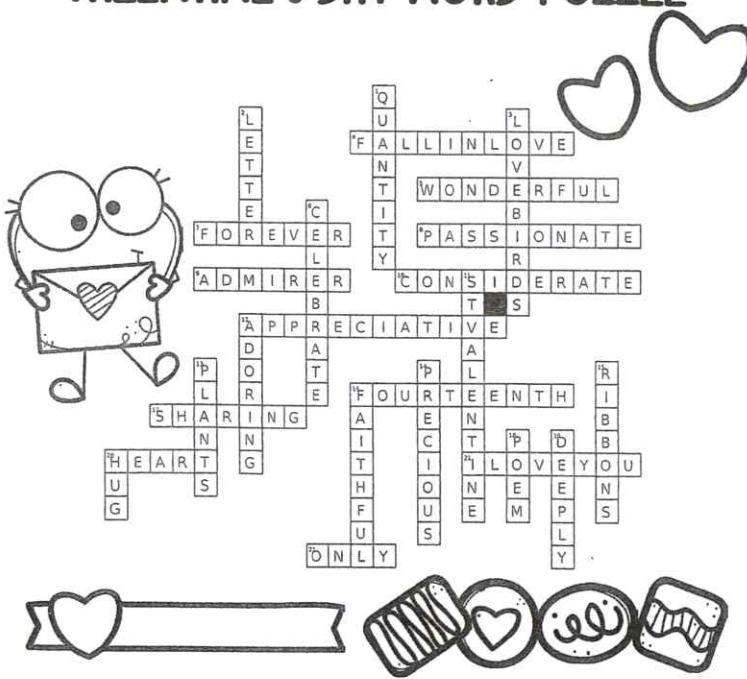
## Puzzle Answers



## Broadway Shows

|   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|
| E | Q | U | S | X | Y | W | A | S | E | S | J |
| S | W | I | C | K | E | D | A | N | C | I | O |
| G | R | Y | C | V | N | I | P | P | I | P | P |
| B | C | N | R | A | M | O | H | A | L | K | O |
| A | C | A | B | A | B | R | E | T | K | H | G |
| R | H | P | T | E | G | O | H | L | A | C | P |
| N | R | M | G | S | I | T | U | C | I | A | P |
| U | M | O | L | A | U | N | I | S | R | M | L |
| M | A | C | B | E | T | H | N | M | E | E | A |
| X | M | E | L | R | C | I | M | A | E | L | U |
| T | E | S | L | G | R | E | V | I | L | O | S |
| N | F | R | O | Z | E | N | R | E | N | T | E |

## VALENTINE'S DAY WORD PUZZLE



|          |          |          |
|----------|----------|----------|
| ANNIE    | EQUUS    | MACBETH  |
| APPLAUSE | EVITA    | MAME     |
| BARNUM   | FOSSE    | OKLAHOMA |
| CABARET  | FROZEN   | OLIVER   |
| CAMELOT  | GREASE   | PIPPIN   |
| CAROUSEL | GYPSY    | RAGTIME  |
| CATS     | HAIR     | RENT     |
| CHICAGO  | HAMILTON | SEESAW   |
| COMPANY  | HAMLET   | SLEUTH   |
| DANCIN   | HARVEY   | WICKED   |

# VALENTINE'S DAY

## Wordsearch



B B S D E C O R A T E L T T U S Q L R T  
G I R L F R I E N D V Y H O L R E N F C  
X A W P F L O W E R S Q A J S O W S V L  
A J S B N D J A T E D D Y H L K Y N O H  
Z Y B D O Y R O M A N C E E E N P R P W R  
M M M E I B B O U Q U E T I U S A E C Y  
N H M I T I V E N S R L P V J E U F K P  
A K K C C E T A R B E L E C U L R B I O  
U W E R E E G T L J D T C Z R I B K S E  
H O L U F Y D B R E R P J A N M E L S M  
F S X S F I S J E A N Y D T N S F G Y G  
H O E H A H C V E N E T R B E D O D Q I  
N O U Q P A D H J W J H I B I E Y N V F  
L F Y R N N R C O E Z I T N E R K E R T  
P O A Y T A A U U U C N V P E E C C I E A  
J W V V W V E C L E P O I J T E Z T R R A  
T O G E T H E R P V I L M V O W N F I P  
E C V V Q K S N J H F D A E U H S Y M W  
R M E P P T I F T I M J K T B R T O D B  
W M P V G T V U R H L H W B E I W B A H

### WORD LIST

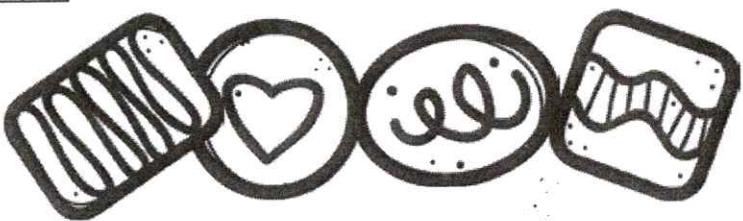
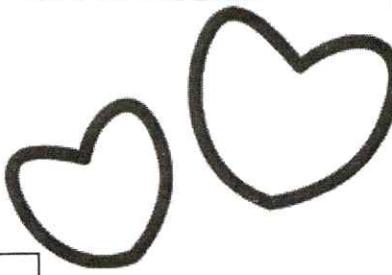
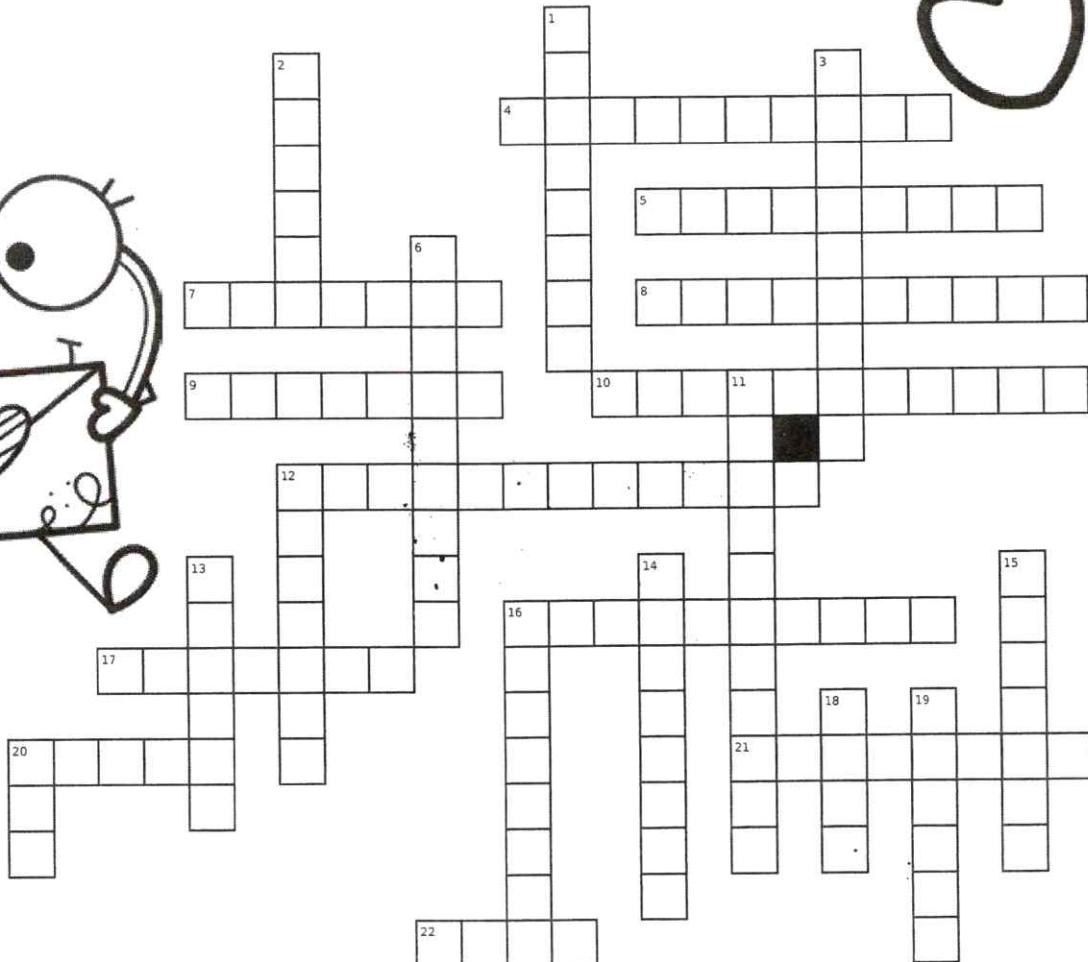
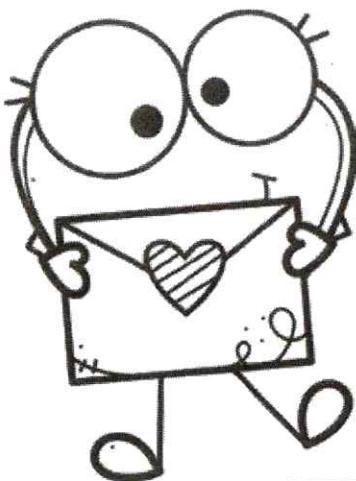
ADMIRER  
AFFECTION  
BE MINE  
BOUQUET  
BOYFRIEND  
CANDY  
CARD  
CELEBRATE

CHOCOLATE  
CRUSH  
CUPID  
DECORATE  
FEBRUARY  
FLOWERS  
FOURTEENTH  
GIFT

GIRLFRIEND  
HEART  
KISS  
LOVE  
PINK  
POEM  
RED  
ROMANCE

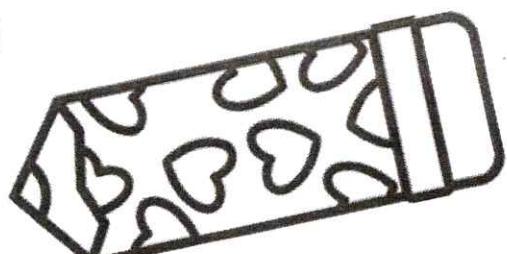
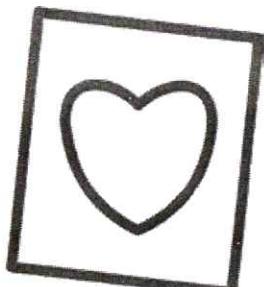
ROSE  
SMILE  
SWEETHEART  
TEDDY  
TOGETHER  
VALENTINE

# VALENTINE'S DAY WORD PUZZLE



| 3 LETTERS | 4 LETTERS | 5 LETTERS | 6 LETTERS | 7 LETTERS | 8 LETTERS  | 9 LETTERS | 10 LETTERS   | 11 LETTERS    |
|-----------|-----------|-----------|-----------|-----------|------------|-----------|--------------|---------------|
| HUG       | POEM      | HEART     | PLANTS    | RIBBONS   | FAITHFUL   | LOVEBIRDS | FOURTEENTH   | ST. VALENTINE |
|           | ONLY      |           | DEEPLY    | ADORING   | QUANTITY   | CELEBRATE | PASSIONATE   | CONSIDERATE   |
|           |           |           | LETTER    | SHARING   | PRECIOUS   | WONDERFUL | FALL IN LOVE |               |
|           |           |           |           | ADMIRER   | I LOVE YOU |           |              |               |
|           |           |           |           | FOREVER   |            |           |              |               |

12 LETTERS  
APPRECIATIVE



# I SPY

Valentine



|   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 2 | 3 | 4 | 4 | 2 | 2 | 4 | 5 | 7 | 4 | 6 | 5 | 5 |
| 1 | 1 | 6 | 6 | 7 | 1 | 3 | 6 | 7 | 4 | 7 | 4 | 4 |
| 3 | 3 | 2 | 2 | 4 | 4 | 6 | 2 | 7 | 3 | 9 | 6 | 3 |