October 2025

West Plains Housing Authority

Live in harmony with one another; be compassionate and humble.



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*WPHA Offices will be closed Monday, October 13, for the Columbus Day holiday.



HUD requied inspections will be taking place during the days of October 6-10, 2025 between the hours of 8:00 am and 5:30 pm. The exact day for each unit is not available at this time. If you are not present when the team arrives, they will enter your unit, conduct the inspection and leave a note stating the inspection has been completed. Members of the WPHA maintenance will accompany the inspection groups at all times.

- Housekeeping is important
- NO ALUMINUM FOIL in ovens or drip pans
- Report any roaches or bedbugs
- No trip hazards
- Keep egress window clear If you need any type of repairs

before inspection, please call the office immediately.

Jerry's Journal

Greetings Residents!

Happy Fall!!

The cooler weather is definitely a blessing (now if we could get some rain). I have already seen many of you going out with jackets. Enjoy this wonderful time of the year....winter will be here too soon

"Fall is proof that change can be beautiful."

Life is precious. Take time to enjoy your blessings each and every day.

If you need help with paperwork, have questions or any issues that concern you, please come by or call the main office (417-256-6663) and choose extension 207. If I do not answer, please leave your name and number and I will call you to schedule an appointment. My email address is wpharic@gmail.com. I am here to

help YOU! There is never a silly question.

Keep SMILING!

Jerry

WPHA Staff

Mandy, Executive Director / HR Brenda, Deputy Director Stacie, Housing Specialist Desirae, Housing Clerk Sandra, Section 8 Coordinator Nina, Financial Operations Specialist Jerry, Resident Initiative Coordinator

2025 Open Enrollment

Annual enrollment, also known as open enrollment, is a specific period each year when individuals can review, select, or change their health insurance benefits. This period allows people to assess their needs and make choices about their coverage for the upcoming year, with changes becoming effective on January 1st. Key examples include the annual enrollment for Medicare benefits. Annual Enrollment Period (AEP) runs from October 15 to December 7.

For Medicare

What it is:

The Medicare Annual Enrollment Period (AEP), also called the Medicare Open Enrollment Period, is a specific time for Medicare beneficiaries to change their coverage.

When it is:

It typically runs from October 15 to December 7 each year.

What you can do:

You can switch to a different Medicare
Advantage plan, join a Part D prescription
drug plan, or change between Original
Medicare and a Medicare Advantage
plan.

When changes take effect:

Any changes made during the AEP become effective on January 1 of the following year.

Key Considerations

Review your options:

Use this time to compare different plans and understand any changes to benefits, costs, or networks.

Understand the deadlines:

Missing the annual enrollment period can mean waiting until the next year to make changes, so be sure to act within the designated timeframe.

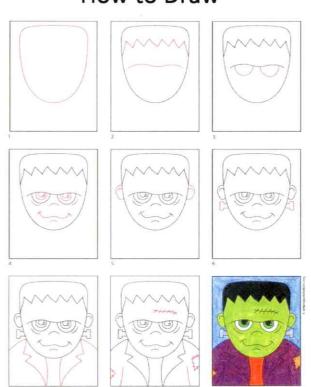
Check for special circumstances:

While annual enrollment is the main period for changes, there are also Special Enrollment Periods (SEPs) for specific life events.



A big "WELCOME" to our new residents! We are glad to have you with us. We look forward to getting to know you.

How to Draw



Just for Fun

Two elderly ladies, Dolly and Ruby, were talking about their grandchildren. Dolly said, "Each year I send each of my grandchildren a card with a generous check inside. I never hear from them...never receive a thank you message."

Ruby said, "I too send my grandchildren a very generous check. I hear from them within a week after they receive it. In fact, they each pay a personal visit." "Wow! How come?" remarked Dolly. "Very simple solution...I don't sign the check."



I watched my dog chase her tail for three minutes and was amused by it. Then I realized I had just wasted three minutes watching her chase her tail.

Two women in a bus fighting bitterly over the last available seat.

The conductor had already tried unsuccessfully to intervene when the bus driver shouted to the conductor, "Let the ugly one take the seat!"

Both women stood for the rest of the journey.

I finally did it! I bought a new pair of shoes with memory foam insoles.

NO more forgetting why I walked into a room.



It's my wife's birthday in a couple of days. When I asked her what she wanted she said she would be happy with anything with diamonds in it.

She's going to love this pack of playing cards I've bought her.



Corn Chowder with Bacon

½ pound bacon

¼ cup chopped onion

1 ½ pounds potatoes, peeled and cubed

1 can (14 ¾ ounces) cream-style corn

1 can (12 ounces) evaporated milk

¼ teaspoon salt

1/4 teaspoon pepper

In a large skillet, cook bacon over medium heat until crisp, stirring occasionally. Remove and drain on paper towels. Discard drippings, reserving 1 ½ teaspoons in pan. Add onion to drippings; cook and stir over medium-high heat until tender.

Place potatoes in a large saucepan; add water to cover. Bring to a boil over high heat. Reduce heat to medium; cook uncovered, 10-15 minutes or until tender. Drain, reserving 1 cup potato water.

Add corn, milk, salt, pepper, potatoes and reserved water to the saucepan; heat through. Stir in bacon and onion.

Navy Bean Soup

3 cups (1 ½ pounds) dried navy beans

1 can (14 ½ ounces) diced tomatoes, undrained

1 large onion, chopped

1 meaty ham hock or 1 cup diced cooked ham

2 cups chicken broth

2 1/2 cups water

Salt and pepper to taste

Rinse and sort beans; soak according to package directions. Drain and rinse beans, discarding liquid. Place in a Dutch oven. Add the tomatoes with juice, onion, ham hock, broth, water, salt and pepper. Bring to a boil. Reduce heat; cover and simmer until beans are tender, about 1½ hours.

Add more water if necessary. Remove ham hock and let it stand until cool enough to handle. Remove meat from bone. Cut meat in bite-sized pieces; set aside. Return ham to soup and heat through.

Hamburger Macaroni Soup

1 pound ground beef

2 cups frozen mixed vegetables

1 can (14 ½ ounces) diced tomatoes, undrained

1 can (14 ½ ounces) beef broth

¼ teaspoon pepper

½ cup uncooked elbow macaroni

In a large saucepan, cook beef over medium heat until no longer pink; drain. Stir in the mixed vegetables, tomatoes, broth and pepper. Bring to a boil; add macaroni. Reduce heat; cover and simmer for 8-10 minutes or until macaroni and vegetables are tender.

Spicy Potato Soup

1 pound ground beef

4 cups cubed peeled potatoes (1 ½ inch cubes)

1 small onion, chopped

3 cans (8 ounces each) tomato sauce

4 cups water

2 teaspoons salt

1 ½ teaspoons pepper

½ to 1 teaspoon hot pepper sauce

In a Dutch oven, brown ground beef over medium heat until no longer pink; drain. Add potatoes, onion and tomato sauce. Stir in water, salt, pepper and hot pepper sauce; bring to a boil. Reduce heat and simmer for 1 hour or until potatoes are tender and the soup has thickened.

Time and Date Change



The monthly Breakfast with Rebecca at South Tower is changing its day and time. Breakfast at South Tower will now be on the third Wednesday each month at 10:00. This change is ONLY for South Tower. Walnut Grove will continue to be the first Wednesday at 9:00.

Come enjoy good food and fellowship each month. Hope to see you there!

Puzzle Answers



Halloween Crossword

SOLUTION

Medicare Open **Enrollment Question** and Answer Session



Wednesday, October 1, 2025

11:00 am Walnut Grove 1:00 pm South Tower

Refreshments will be provided.



Sponsored by: Neighborhood Insurance Advisors Heather Zook

GRAVEYARD CAT MONSTER WEB NIGHT FRIGHTEN BLACK HALLOWEEN TRICK E SCARY BROOM DRACULA BONES W COSTUME N R SPIDER E BAT U GHOST UMPKIN N



AUTUMN





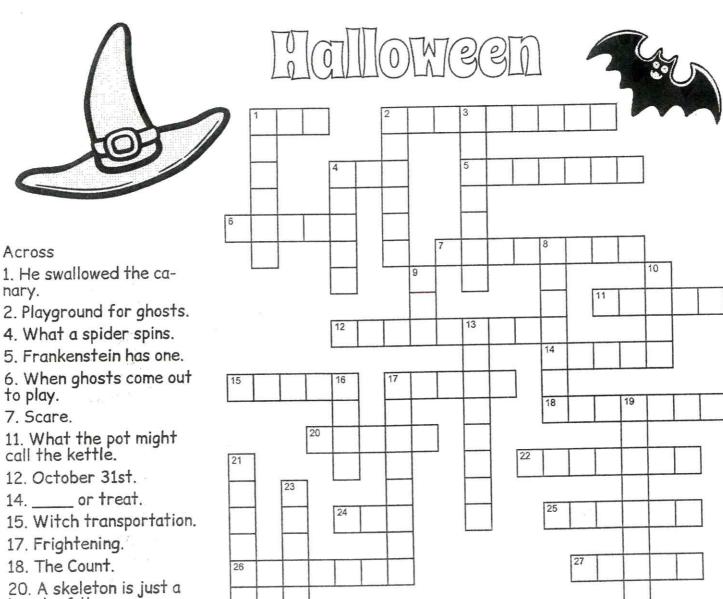
E J M H B N R K T D Α Z C S S B R F M R P N H Q W K J F U B S Н Α F S F R D P M R B H G R P B 7 F S Н M G E S N M B R N Т 1 H B B S S T Α S G K M Υ Χ H F M B N S E U D Α G 1 F E U Т 0 R R P N O H U M M S B U D F N X U R Α F W S 7 P F B Α M S F R 7 0 В B Z Α S P R K F 0 Н D M X N R F J C 0 7 F G K P B D M 0R 7 E D X B H W S S A F R Τ M J F R N K \bigcirc A B X 0

apples
autumn
birds
blanket
bonfire
changing
cider

colorful cozy crow deciduous equinox flannel foliage

frost harvest hayride jacket leaves migrate orchards pumpkin quilt rake rustling scarecrow season spider squash squirrel sunflower sweater trees vegetables wheelbarrow





- bunch of these. 22. Disguise.
- 24. Lives in the belfry.
- 25. Incey wincey is one of these.
- 26. Main ingredient in a popular pie.
- 27. ____ stories.

Down

- 1. Where a vampire sleeps.
- 2. Evil or mischievous creature.
- 3. He hates garlic.
- 4. Samantha for example.
- 8. ____ house.

- 9. Whoo? Whoo?
- 10. Mr. O'Lantern.
- 13. Comes out on full moon nights.
- 16. Might be full, half, or new.
- 17. A boney sort of fellow.
- 19. Fire burn, and ____ bubble.
- 21. When something makes our skin crawl, it's this.
- 23. Found in Egypt.



