

August 2025

West Plains Housing Authority

Live in harmony with one another; be compassionate and humble.



Page 1

The Real Luxuries of Life

Jerry's Journal

Page 2

7 Rules of Life

Welcome

How to Draw a Frog

Spot the Difference

Page 3

What's Cooking

- Simple Cabbage Salad
- Bacon Pea Salad
- S'mores Dip

Page 4

Just for Fun

Page 5

Puzzle Answers



The Real Luxuries of Life

time
health
a quiet mind
slow mornings
ability to travel
rest without guilt
a good night's sleep
calm and "boring" days
meaningful conversations
home-cooked meals
people you love
people who love you back



WPHA Staff

Mandy, Executive Director / HR
Brenda, Deputy Director
Stacie, Housing Specialist
Desirae, Housing Clerk
Sandra, Section 8 Coordinator
Nina, Financial Operations Specialist
Jerry, Resident Initiative Coordinator

Jerry's Journal

Greetings Residents!

Hopefully you are having a great summer. Summer is moving quickly and the stores are helping this happen. I have seen back-to-school, fall, and Christmas appearing in the isles of some stores.

I will be out of the office until the middle of August. In my absence, the office will not have the extra personnel to help you with many of your personal needs that I help you with. Please take this time to have friends and family become involved and to offer needed assistance to you.

At this time, I plan to return the middle of August.

Take care and keep smiling. Life is precious. Take time to enjoy your blessings **each** and **every** day.

Keep smiling!

Jerry

Be Yourself
because an original
is worth more than a copy

7 RULES OF LIFE

1. LET IT GO

Never ruin a good day by thinking about a bad yesterday.

2. IGNORE THEM

Don't listen to other people. Live a life that's empowering to you.

3. GIVE IT TIME

Time heals everything.

4. DON'T COMPARE

The only person you should try to beat is the person you were yesterday.

5. STAY CALM

It's okay not to have everything figured out. Know that in time you'll get there.

6. IT'S ON YOU

Only you are in charge of your happiness.

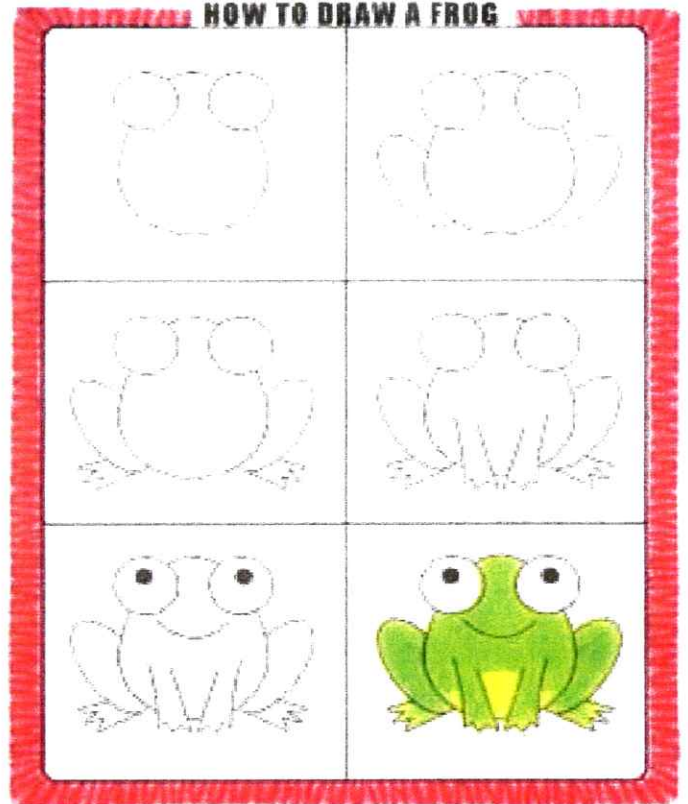
7. SMILE

Life is short. Enjoy it while you have it.

Welcome

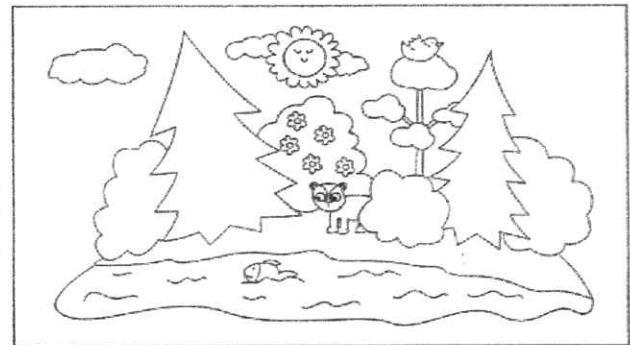
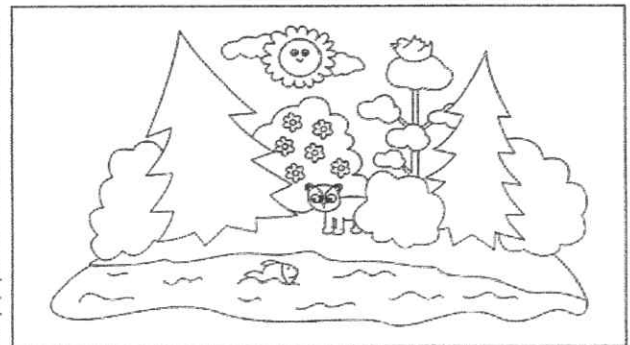
A big "WELCOME" to our new residents! We are glad to have you with us. We look forward to getting to know you.

HOW TO DRAW A FROG



Spot The Difference!

Find and circle 5 differences in the pictures below



What's Cooking?

Simple Cabbage Salad

2 tablespoons lemon juice
2 tablespoons extra-virgin olive oil
2 tablespoons chopped fresh flat-leaf parsley
1 tablespoon Dijon mustard
1 tablespoon honey
1 teaspoon garlic powder
½ teaspoon salt
½ teaspoon ground pepper
8 cups shredded green cabbage (from 1 small head)

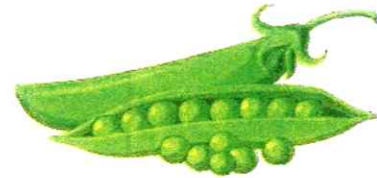
Whisk lemon juice, oil, parsley, mustard, honey, garlic powder, salt and pepper together in a large bowl. Add cabbage and toss to coat; let stand for 10 minutes. Toss again; serve immediately or refrigerate for up to 1 hour before serving.



paper towels and crumble. Reserve 1 Tablespoon bacon grease.

Whisk mayonnaise, reserved bacon grease, honey, sugar, salt and black pepper together in a bowl until dressing is smooth.

Mix bacon, peas, celery, cheddar cheese and onion together in a bowl. Drizzle dressing over salad and toss to coat.



S'mores Dip

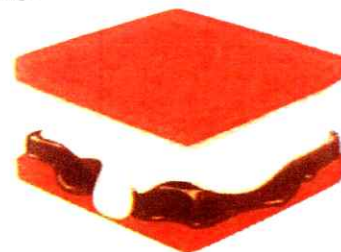
1 Tablespoon butter
1 bag (12 oz.) milk or semisweet chocolate chips
7 oz. regular marshmallows (about 30)
Graham crackers for dipping

Preheat oven to 375 degrees F. Place an 8-inch round cake pan in the oven to warm.

Remove the warm pan from the oven. Put the butter in the pan and swirl to coat the bottom. When the butter is melted, add the chocolate chips in an even layer. Top the chocolate chips with the marshmallows in an even layer.

Bake until the chocolate is melted, and the marshmallows are lightly golden brown, about 12 minutes.

Serve right away with the graham crackers for dipping.



Bacon Pea Salad

4 slices bacon
¾ cup mayonnaise
1 Tablespoon honey 1 Tablespoon white sugar
Salt and pepper to taste
1 (20 ounce) package fresh green peas
2 ribs celery
½ cup cubed cheddar cheese
1/3 cup onion

Place bacon in a large skillet and cook over medium-high heat, turning occasionally, until evenly browned. Drain bacon on

Just for Fun!

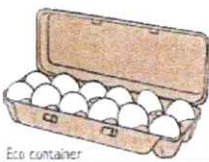
I took a job as the head of Old McDonald's farm.

I'm the CIEIO.



My grandfather said back in the day you could go in the grocery store with \$2 in your pocket, come out with a loaf of bread, a dozen eggs and even butter.

He said, "Now they have cameras everywhere!"



"One senior discount for the six o'clock show, and could you fill this prescription, please?"

Police came to my house! A cop stopped yesterday and said he wanted to go inspect it for illegal growing of "herbs".

I said, "Ok, just don't go in the pasture behind the shed."

The cop verbally exploded, saying, "I have a search warrant and have the power to go anywhere on your property that I want."

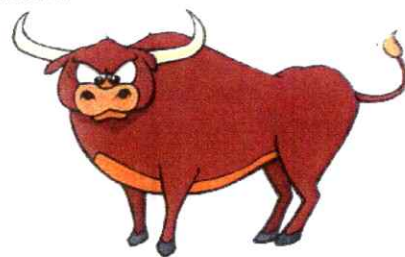
Reaching into his back pocket, the arrogant officer removed the badge and proceeded to shove it in my face.

"See this badge? It means I can go on any property anywhere I want. Have I made myself clear? Do you understand?"

I nodded politely and went about my business. A short time later I heard loud yelling. I looked up and saw the cop being chased by my bull and running for his life.

With every step my bull was gaining ground and the officer was clearly terrified. It was evident that unless I intervened, something very serious was about to happen!

So, I dropped what I was doing, ran to the fence, and yelled, "YOUR BADGE, SHOW HIM YOUR BADGE!"



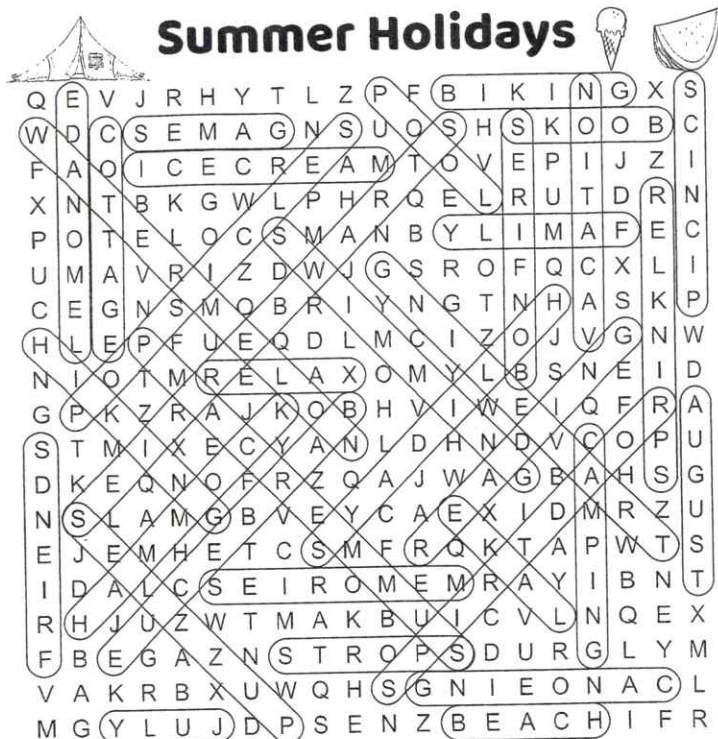
I named my dog 6 Miles. That way I can tell everybody, "I walk 6 Miles every day."



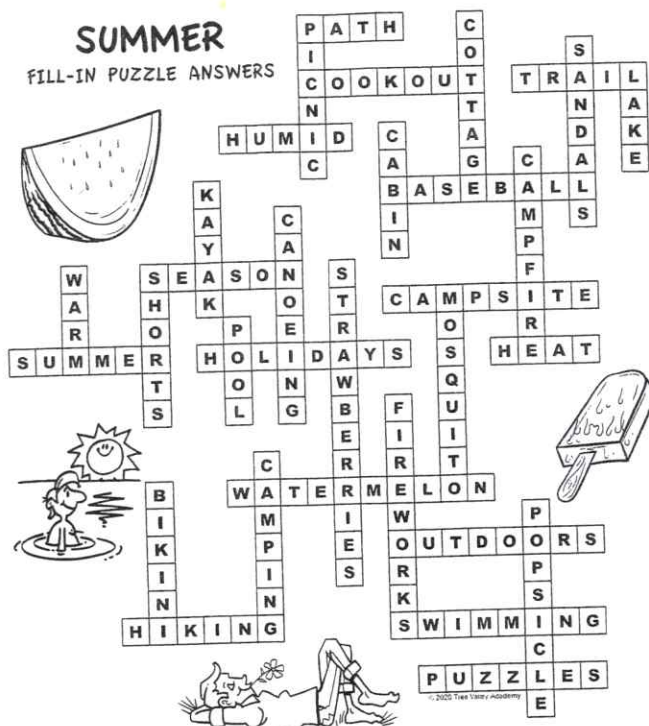
I told my wife she needed to embrace her mistakes. She gave me a hug. 😊

Puzzle Answers

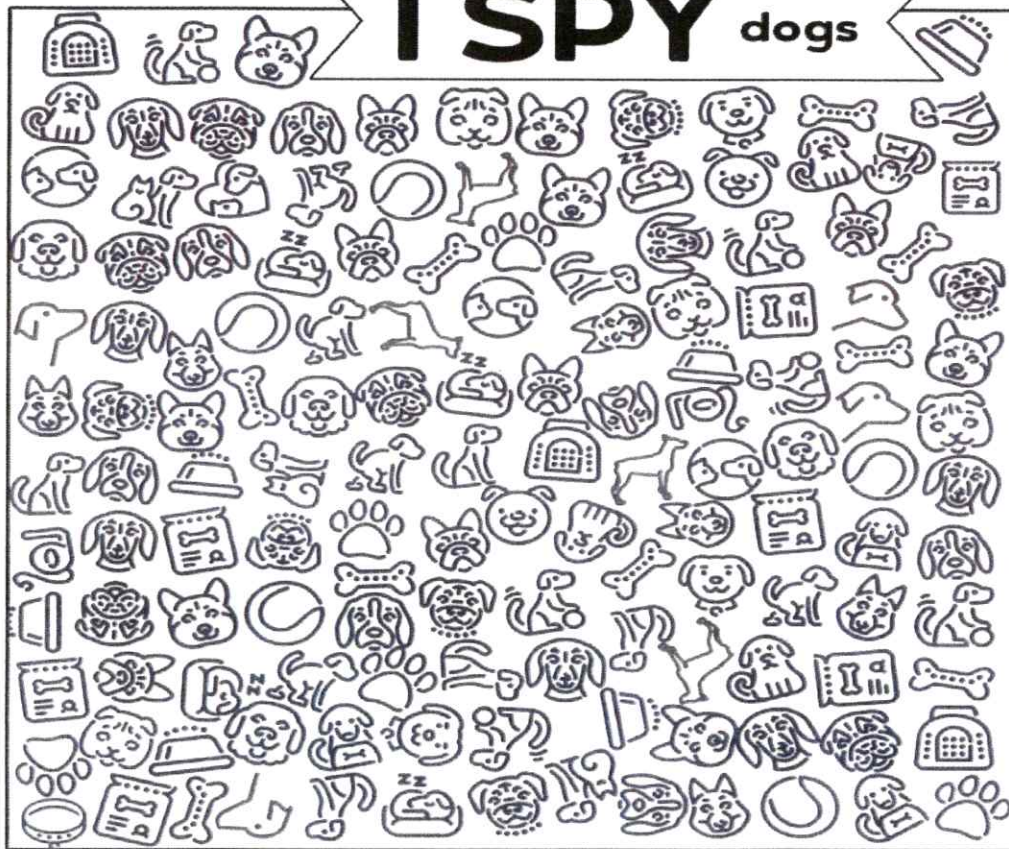
Summer Holidays



SUMMER



I SPY dogs



- | | | | | | | | | | | | | | | | | | | | |
|---|--|---|--|---|--|---|--|---|--|---|--|---|--|---|--|---|--|---|--|
| 2 | | 4 | | 4 | | 5 | | 4 | | 5 | | 7 | | 4 | | 6 | | 5 | |
| 1 | | 6 | | 7 | | 1 | | 3 | | 6 | | 7 | | 4 | | 7 | | 5 | |
| 3 | | 3 | | 4 | | 6 | | 2 | | 7 | | 5 | | 9 | | 6 | | 3 | |



Summer Holidays



Q E V J R H Y T L Z P F B I K I N G X S
W D C S E M A G N S U O S H S K O O B C
F A O I C E C R E A M T O V E P I J Z I
X N T B K G W L P H R Q E L R U T D R N
P O T E L O C S M A N B Y L I M A F E C
U M A V R I Z D W J G S R O F Q C X L I
C E G N S M O B R I Y N G T N H A S K P
H L E P F U E Q D L M C I Z O J V G N W
N I O T M R E L A X O M Y L B S N E I D
G P K Z R A J K O B H V I W E I Q F R A
S T M I X E C Y A N L D H N D V C O P U
D K E Q N O F R Z Q A J W A G B A H S G
N S L A M G B V E Y C A E X I D M R Z U
E J E M H E T C S M F R Q K T A P W T S
I D A L C S E I R O M E M R A Y I B N T
R H J U Z W T M A K B U I C V L N Q E X
F B E G A Z N S T R O P S D U R G L Y M
V A K R B X U W Q H S G N I E O N A C L
M G Y L U J D P S E N Z B E A C H I F R

August
barbecue
beach
biking
bonfires
books
camping

canoeing
cottage
family
friends
games
hammock
hiking

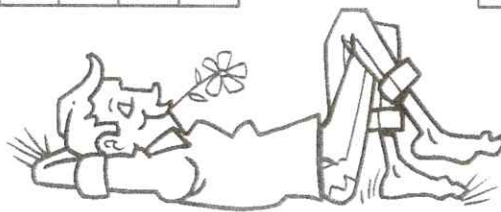
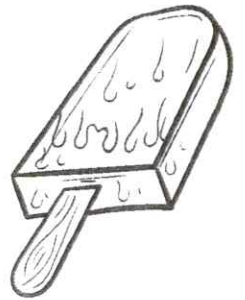
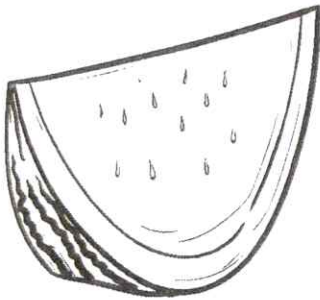
holidays
ice cream
July
lake
lemonade
memories
picnics

pool
popsicles
puzzles
reading
relax
road trips
sports

sprinkler
strawberries
summer camp
swimming
traveling
vacation
watermelon

SUMMER

FILL-IN PUZZLE



© 2020 Tree Valley Academy

4 letter words

heat
lake
path
pool
warm

5 letter words

cabin
humid
kayak
trail

6 letter words

bikini
hiking
picnic
season
shorts
summer

7 letter words

camping
cookout
cottage
puzzles
sandals

8 letter words

baseball
campfire
campsite
canoeing
holidays

8 letter words

mosquito
popsicle
swimming
outdoors

9 letter word

fireworks

10 letter word

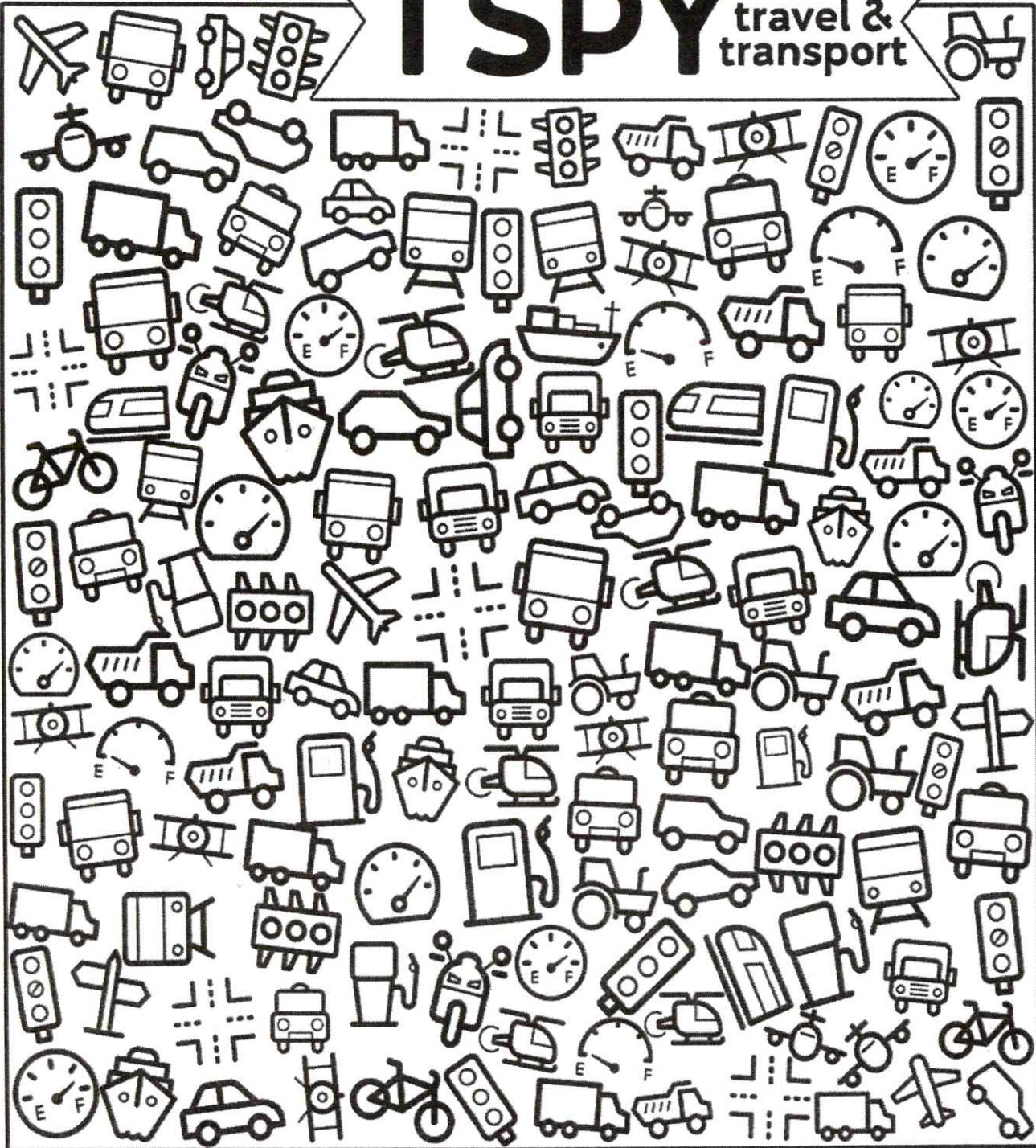
watermelon

12 letter word

strawberries

I SPY

travel & transport



- | | | | | | | | | | | | | | | | | | | | |
|---|--|---|--|---|--|---|--|---|--|---|--|---|--|---|--|---|--|---|--|
| 2 | | 4 | | 4 | | 5 | | 4 | | 5 | | 7 | | 4 | | 6 | | 5 | |
| 1 | | 6 | | 7 | | 1 | | 3 | | 6 | | 7 | | 4 | | 7 | | 5 | |
| 3 | | 3 | | 4 | | 6 | | 2 | | 7 | | 5 | | 9 | | 6 | | 3 | |