

# West Plains Housing Authority

March 2025

*Live in harmony with one another; be compassionate and humble.*

## 90 Plus Party at Walnut Grove



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90 Plus Party

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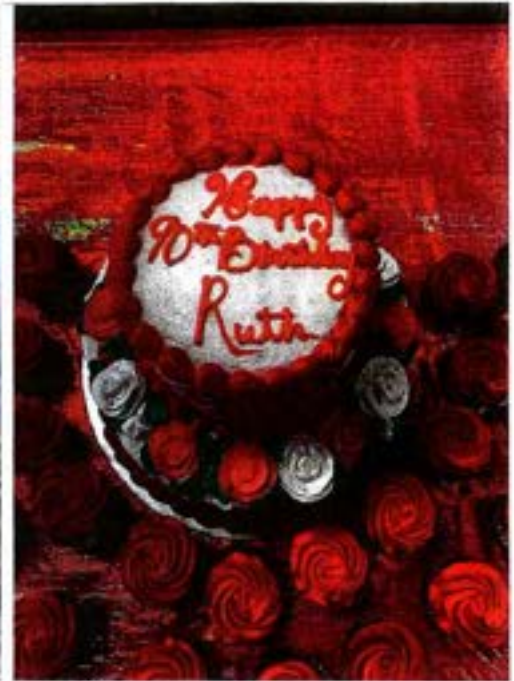
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A large group of family, residents and WPHA staff honored a Walnut Grove resident with a 90 Plus Party. The honored guest for the day was Ruth Bennett. Guests were served cake and punch. Ms. Ruth received a 90 Plus Club cup and her name has been added to the 90 Plus Club plaque the hangs in the community room.

The 90 Plus Party has been a long-standing event at South Tower and Walnut Grove. Each year, tenants turning 90 (while living at the towers) are honored with a celebration during the month the resident turns 90. We will celebrate the tenants next birthday, if moving in after turning 90.

WPHA looks forward to helping our residents celebrate this milestone in their life.





## Spring Forward

Daylight Saving Time begins on Sunday, March 9<sup>th</sup>. Turn clocks forward one hour.



A big "WELCOME" to our new residents! We are glad to have you with us. We look forward to getting to know you.

*"Science has never drummed up quite as effective a tranquilizing agent as a sunny spring day."* – W. Earl Hall



## How to draw a winter ice skater



← Paint your skater in any colours you like!

## Notes from Jerry

Spring Greetings!!!

The weather says spring, and soon the calendar will as well. I am definitely ready for the new season.

If you are wanting to get in shape for spring, check with your insurance company. You may qualify to use the facilities at the West Plains Civic Center for free.

If you need help with paperwork, have questions or any issues that concern you, please come by or call the main office (417-256-6663) and choose extension 207. If I do not answer, please leave your name and number and I will call you to schedule an appointment. My email address is [wpharic@gmail.com](mailto:wpharic@gmail.com). I am here to help YOU! There is never a silly question.



# What's Cooking?

## Easy-to-Fix Chicken and Stuffing

Chicken breasts, covered in cream of chicken soup, sprinkle on a package of dry onion soup mix, and top with a box of stove top stuffing (already prepared).

Cover with foil and bake at 375° for one hour (or less if the breasts are thin).

Uncover for 15 or so minutes until the stuffing gets a little crisp.



Place chips in a greased 8-in. square baking dish. In a small bowl, stir refried beans; spread over chips. Top with beef mixture and cheese.

Bake, uncovered, at 375° until heated through, 15-20 minutes. Top with lettuce, tomatoes and olives. Serve with sour cream and picante sauce.



## Taco Salad Casserole

1 pound ground beef  
1/4 cup chopped onion  
1/4 cup chopped green pepper  
1 envelope taco seasoning  
1/2 cup water  
1 cup crushed tortilla chips  
1 can (16 ounces) refried beans.  
1 cup shredded cheddar cheese  
Toppings: Chopped lettuce and tomatoes, sliced ripe olives, sour cream and picante sauce

In a large skillet, cook beef, onion and green pepper over medium heat until meat is no longer pink; drain. Stir in taco seasoning and water. Cook and stir until thickened, about 3 minutes; set aside.

## Chili Rellenos Squares

3 cups shredded Monterey Jack cheese  
1-1/2 cups shredded cheddar cheese  
2 cans (4 ounces each) chopped green chiles, drained  
2 large eggs, room temperature  
2 tablespoons 2% milk  
1 tablespoon all-purpose flour

Preheat oven to 375°. Sprinkle half of each cheese onto bottom of a greased 8-in. square baking dish. Layer with chiles and remaining cheeses.

Whisk together eggs, milk and flour; pour over top. Bake, uncovered, until set, 25-30 minutes. Cool 15 minutes before cutting.



# Just for Fun!

Pastor interrupts the sermon to ask three men in the front row: "What would you want your loved ones to say as they are looking down at you in your coffin?"

Tom: That I was a good husband and father.

Bill: That I lived a good life of kindness to others.

Dan: "Look. He's moving!"



**"OLD"** is when your friends compliment on your new alligator shoes and you're barefoot.

Based on the amount of laundry I wash each week, I'm starting to think there are people who live here that I haven't met.

I'm at the place in my life where errands count as "going out".

My idea of a Super Bowl is a toilet that cleans itself!



Two little boys were sitting together in a church during a wedding ceremony.

As the couple said "I do", one of the little boys leaned over to the other and asked, "I wonder how many wives can a man have?"

The second little boy looked at his friend like he was an idiot and said, "He can have 16 wives."

"How do you know that?" The first little boy asked.

"Weren't you listening? The priest just said it. Four better, four worse, four richer, four poorer."



Okay, you guys know the drill. Our customers finally know where to find everything. Tonight we mix it all up again.



## Puzzle Answers



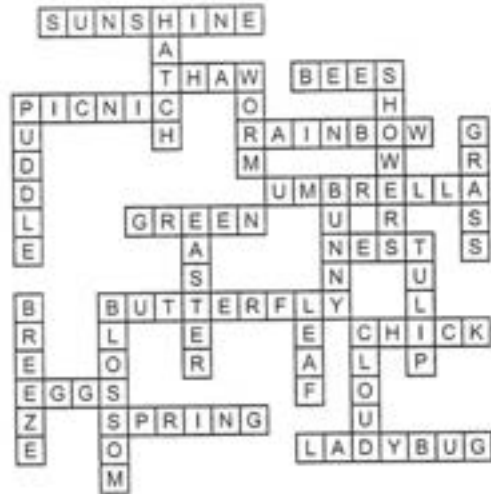
Spring



## Spring is Here!

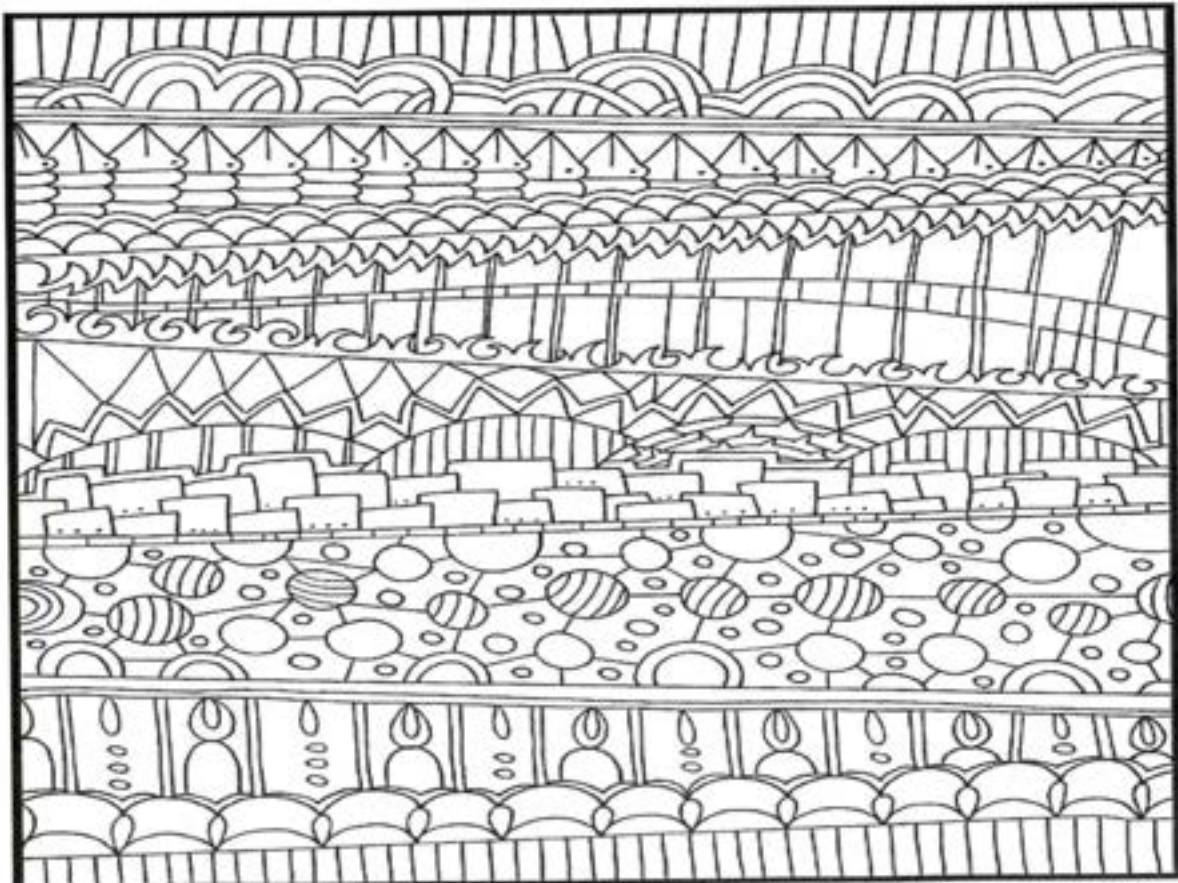
Crossword

SOLUTION

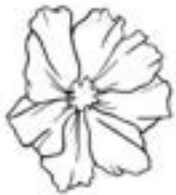


## Hidden Pictures

Find the shapes in the picture.



Discovery Pictures™  
Doodle Art Alley ©



# Spring



W H M Z A L K R S G U B E C H T Q I  
 F T U L Y I J B E P Q N O P A S D X  
 S J N I B O R H L V M C S U T L E K  
 P E D W G X E K J O A Z R M C Q F B  
 R C Y Q U S A V N T S I E K H R O L  
 O L A M B F D T E U P S W G X T J E  
 U N P H Y G Z R L K D H O V C E N R  
 T B E J D W P Q I S G X L M F P A U  
 V M Z C A I K D H B N U F S E B R T  
 D K Y T L X G O R F P E J Q B W O A  
 E P G L E B S U A M O C H I C K S N  
 B N A R F Y O J T H Z M T D L I P G  
 G R K E N R T S N A I L Q W U S R V  
 A D O N P H E M B J S T C E S N I F  
 K W U F I N L T Q E R M E A Y O N D  
 I B S E C K F X T D V J R H P A G Z  
 N E D R A G M W K U L G S O R C L E  
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BIRDS  
 BLOSSOM  
 BUGS  
 BUNNY  
 BUTTERFLY

CALF  
 CATERPILLAR  
 CHICKS  
 FLOWERS  
 FROG

GARDEN  
 GRASS  
 HATCH  
 INSECTS  
 LADYBUG

LAMB  
 NATURE  
 NEST  
 RABBIT  
 ROBIN

SNAIL  
 SPRING  
 SPROUT  
 TULIP  
 WORM





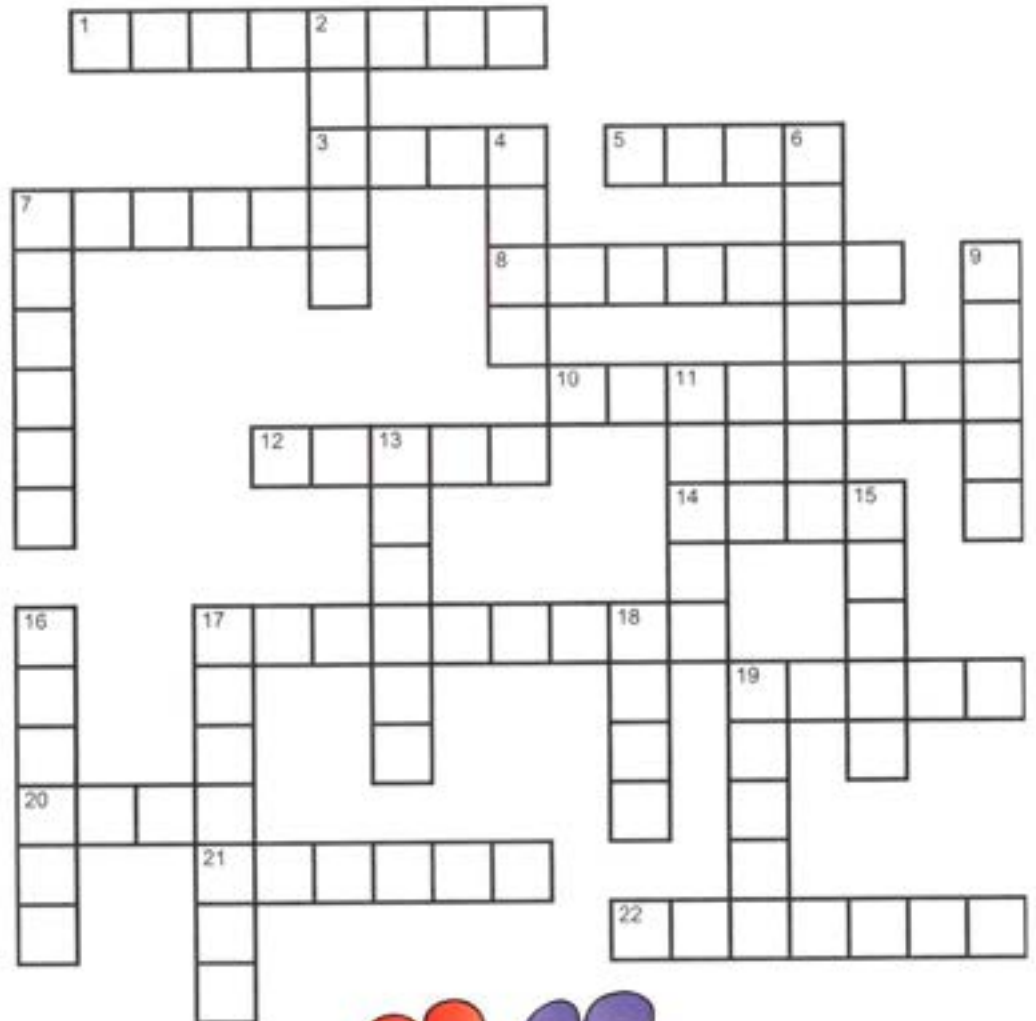
# Spring is Here!

## Across

1. It warms and brightens everything.
3. Warm up from a freeze.
5. They make honey.
7. Meal in the park.
8. Colorful arc in the sky.
10. It keeps the rain off you.
12. The color of spring grass.
14. Where a bird lives.
17. An adult caterpillar.
19. A baby chicken.
20. What chicks hatch from.
21. It comes after winter.
22. Red insect with black spots.

## Down

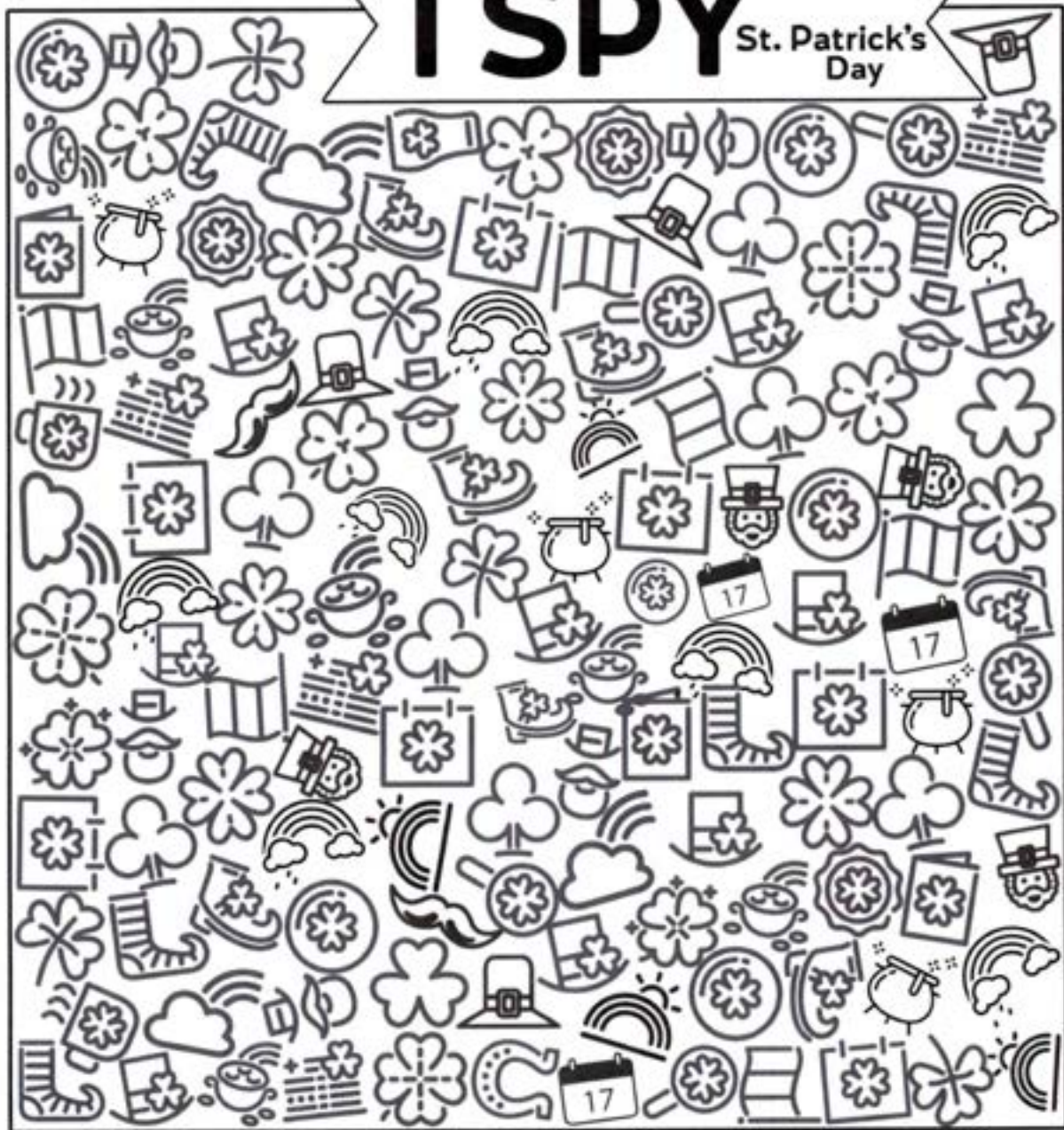
2. Come out of an egg.
4. Wiggly creature that lives in the ground.
6. Short rainfalls.
7. Small pool of rain.
9. What the lawn is made of.
11. Another name for a rabbit.
13. A spring holiday.
15. Holland is famous for this flower.
16. Just a little wind.
17. Flower on a tree.
18. It is green and on a plant.
19. It might hide the sun.



Word Bank: Bees, Blossom, Breeze, Bunny, Butterfly, Chick, Cloud, Easter, Eggs, Grass, Green, Hatch, Ladybug, Leaf, Nest, Picnic, Puddle, Rainbow, Showers, Spring, Sunshine, Thaw, Tulip, Umbrella, Worm

# ISPY

St. Patrick's Day



- |   |  |   |  |   |  |   |  |   |  |   |  |   |  |   |  |   |  |   |  |
|---|--|---|--|---|--|---|--|---|--|---|--|---|--|---|--|---|--|---|--|
| 2 |  | 4 |  | 4 |  | 2 |  | 4 |  | 5 |  | 7 |  | 4 |  | 6 |  | 5 |  |
| 1 |  | 6 |  | 7 |  | 1 |  | 3 |  | 6 |  | 7 |  | 4 |  | 7 |  | 4 |  |
| 3 |  | 2 |  | 4 |  | 6 |  | 2 |  | 7 |  | 3 |  | 9 |  | 6 |  | 3 |  |