

West Plains Housing Authority

September 2024

Live in harmony with one another; be compassionate and humble.



Page 1

Dates to Remember

Jerry's Journal

Page 2

New Program to Help Homebound Citizens with Safety

Apple word Search

Page 3

Change Ahead

Welcome

How to Draw an Apple

Bible Study

Page 4

What's Cooking

- Apple Cinnamon Muffins
- Apple Dump Cake
- Apple Cinnamon Loaf

Page 5

Just for Fun

Page 6

Puzzle Answers

Dates to Remember:

*WPHA Offices will be closed on Monday, September 2, in observance of Labor Day.

*Chat with Mandy

South Tower: Tuesday, September 10th at 1:00 PM
Walnut Grove: Thursday, September 12th at 1:00 PM

*Watermelon with Southern Care and Comfort

Walnut Grove: Monday, September 23rd at 12:30
South Tower: Monday, September 23rd at 2:00

What is red, orange and yellow and doesn't get hurt when it falls?

Autumn leaves!



WPHA Staff

Mandy, Executive Director / HR
Brenda, Deputy Director
Stacie, Housing Specialist
Desirae, Housing Clerk
Sandra, Section 8 Coordinator
Nina, Financial Operations Specialist
Jerry, Resident Initiative Coordinator

Jerry's Journal

Greetings Residents!

Here we are, ready to change seasons again. As we look back, the summer was not all bad. We did not have many days that were extremely hot. We can always find something to complain about, but it is just as easy to focus on the positive. Being positive makes us a better person for others to be around.

Rolling into September, I will be out of the office beginning Wednesday, September 18th. In my absence, the office will not have the extra personnel to help you with many of your personal needs that I help you with. Please take this time to have friends and family become involved and to offer needed assistance to you. If there are things I can do to help you prior to September 18th, please stop by for assistance.

At this time, I plan to return on Monday, November 4th. Take care and keep smiling. Things could always be worse. *"When life gives you lemons, make lemonade!"*

Keep smiling!

Jerry



HAPPY FALL!

New Program To Help Homebound Citizens With Safety



The Howell County Sheriff's Office recently announced a new program they will be implementing to take the fear out of being alone. The Are You Okay? (RUOK) program will check on homebound citizens, seniors, and the disabled in the community.

The program is a computer program that checks on seniors and homebound disabled residents in Howell County to see if they are "ok". The RUOK Telephone Reassurance System is meant to ease the concern of friends and family who may find it difficult to maintain consistent, reliable contact with their loved ones living alone in Howell County, and the RUOK system brings a sense of comfort into every subscriber's home. Each day at a pre-arranged time, the program will automatically make a computerized monitoring call to residents signed up. The specified time will be chosen by the individual between 8 a.m. and 2 p.m. When individual answers the phone a recorded message will play and they can simply hang up.

If they do not pick up, they will be called again in another 15 minutes. If they fail to answer again, an alert will pop up on the Howell County Sheriff's Office computer and information will be printed out. At this point, a contact person, which could be a relative or a neighbor, will be called to go over and check on that person. If the

contact person provided is unable to check in on the individual a patrol will be sent immediately to the house of the individual to check on their well-being. This program is free to Howell County residents.

Everyone who signs up for the program will have to fill out a form with medical and other information that law enforcement may need in an emergency. More information on how to sign up for this program will be provided soon once the program is set up and tested.

Name _____

Apple Word Search

b	l	o	s	s	o	m	s	c	a
b	c	v	c	p	c	c	e	b	p
w	e	a	p	r	t	i	e	a	p
r	a	a	c	o	r	r	d	s	l
p	l	g	r	u	e	s	s	k	e
i	w	c	o	t	e	o	a	e	r
e	c	x	o	n	a	r	c	t	s
J	o	h	n	n	y	s	p	i	e


pie


tree


seeds


wagon


apple


blossoms


basket


sprout


Johnny



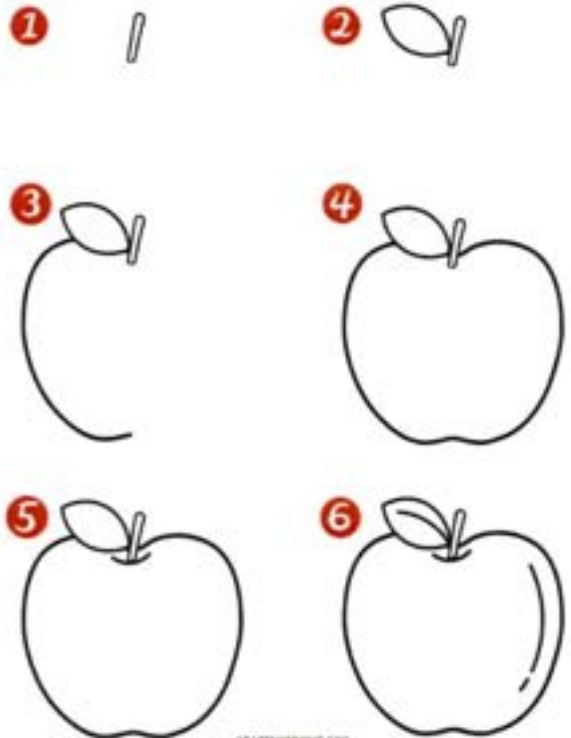


The 3 C's in Life

CHOICE
CHANCE
CHANGE

You must make
The **CHOICE**,
To take the **CHANCE**,
If you want anything
In life to **CHANGE**.

How to draw an apple



WELCOME!

A big "WELCOME" to our new residents! We are glad to have you with us. We look forward to getting to know you.

Michelle Tucker -- South Tower



Bible Study

Walnut Grove Residents: Would you be interested in a weekly Bible study? We are checking to see if there would be an interest in starting a weekly Bible study for the Walnut Grove residents. Location, day, and times are flexible.

This would be an excellent time for fellowship and growth in God's word. If you are interested in a Bible study, there is a sign-up list on the lobby bulletin board.



What's Cooking?

Apple Cinnamon Muffins

- 2 cups flour
- 1 ¼ cups sugar
- 2 teaspoons baking powder
- ½ teaspoon salt
- 1 teaspoon cinnamon
- ½ cup milk
- 2 eggs
- 1 cup finely diced apples
- ½ cup melted butter
- 1 teaspoon vanilla extract

Preheat oven to 350°. Line muffin tins with cup cake liners.

In a medium sized bowl mix dry ingredients. Add milk and eggs, one at a time. Add melted butter, vanilla and stir. Fold in diced apples. Pour batter into muffin tins and sprinkle with additional cinnamon and sugar on top. Bake for 30 minutes.



mix. Do not stir. Bake 50 minutes, until golden brown.

Optional--Drizzle with caramel sauce and top with vanilla ice cream or whipped cream.



Apple Cinnamon Loaf

- 1/3 cup brown sugar
- 1 teaspoon ground cinnamon
- 2/3 cup white sugar
- ½ cup butter, softened
- 2 eggs
- 1 ½ teaspoons vanilla extract
- 1 ½ cup all-purpose flour
- 1 ¼ teaspoons baking powder
- ½ cup milk
- 1 apple, peeled and chopped

Preheat oven to 350 degrees. Grease and flour a 9x5 inch loaf pan. Mix brown sugar and cinnamon together in a bowl and set aside. Beat white sugar and butter together in a bowl using an electric mixer until smooth and creamy. Beat in eggs one at a time, until incorporated; add vanilla extract. Combine flour and baking powder together in another bowl; stir into creamed butter mixture. Mix milk into batter until smooth. Pour half the batter into the prepared loaf pan. Next, add half the apples and half the brown sugar-cinnamon mixture. Lightly pat apple mixture into the batter. Pour the remaining batter over apple layer; top with remaining apples and add more brown sugar/cinnamon mixture. Lightly pat apples into batter; swirl brown sugar mixture through apples using a finger or spoon. Bake until a toothpick inserted in the center of the loaf comes out clean, 30 to 40 minutes.



Apple Dump Cake with Fresh Apples

- 6 Granny Smith apples, coarsely chopped (about 5 cups)
- ¾ cup white sugar
- ¾ cup brown sugar
- 1 teaspoon cinnamon
- ¼ teaspoon nutmeg
- Pinch of salt
- 1 package spice cake mix
- ¾ cup butter, melted
- Caramel sauce, optional

Preheat oven to 350°degrees. Spray a 9x13 baking dish with cooking spray. In a large bowl mix apples, cinnamon, nutmeg and salt. Pour apple mixture into the baking dish. Sprinkle dry cake mix over top of the apples. Pour melted butter over the cake

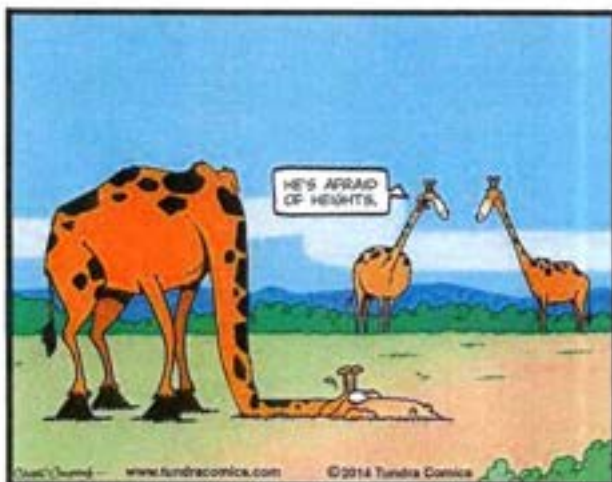
Just for Fun!



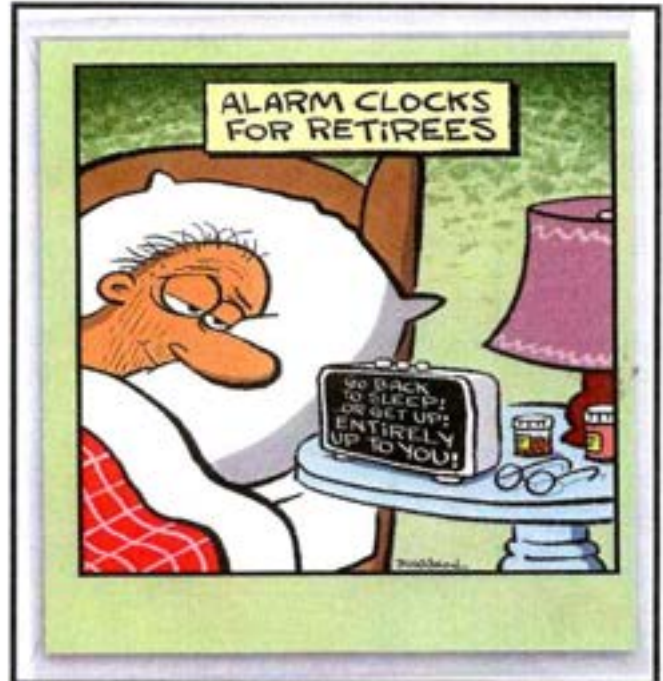
A minister told his congregation, "Next week I am going to preach about the sin of lying. To help you understand my sermon, I want you to all read Mark 17."

The following Sunday, as he prepared to deliver his sermon, the minister asked for a show of hands. He wanted to know how many had read Mark 17. Every hand went up.

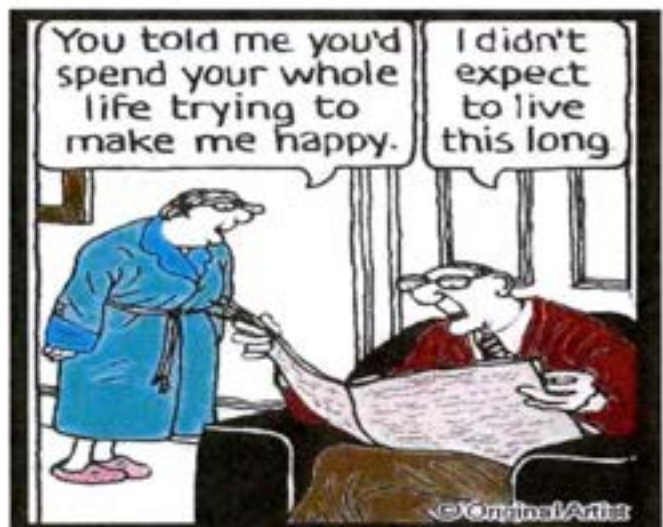
The minister smiled and said, "Mark has only 16 chapters. I will now proceed with my sermon on the sin of lying."



Visited my doctor today. He told me my sugar was too high. So I came home and moved it to a lower shelf.

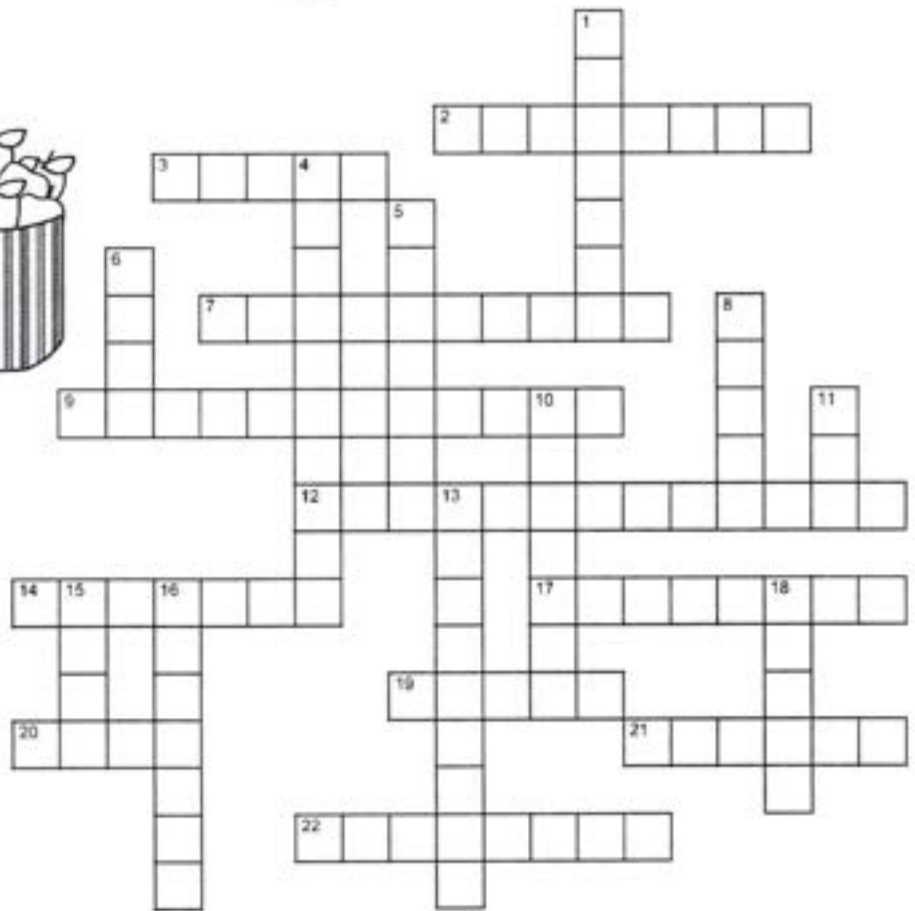


In the span of 11 years 115 people died in a weightlifting accident at the gym. In the same 11 years only 1 person died eating a donut. Make good choices.





Johnny Appleseed Crossword



Across

2. Direction American pioneers headed.
3. Put into the ground to grow.
7. Along with being a gardener, Johnny Appleseed was also a ____.
9. Care and preservation of nature.
12. State where Johnny Appleseed was born.
14. Johnny Appleseed's real last name.
17. Johnny Appleseed is an ____ legend.
19. Johnny Appleseed supposedly threw these on the ground wherever he went.
20. Mr. Appleseed's first name.
21. A popular story regarded as historical but not necessarily true.
22. No shoes on his feet.

10. Place to pick apples.
11. Johnny Appleseed's hat.
13. In what month do we celebrate Johnny Appleseed Day?
15. A courageous person.
16. An early settler or explorer of an area.
18. Beverage made from apples.

Down

1. A person who moves into a new area.
4. A person who grows plants to sell them.
5. Johnny Appleseed cared deeply about all ____.
6. The "Buckeye State", where Johnny planted many nurseries.
8. Fruit such as a Granny Smith or a Red Delicious.

Word Bank

American	John	Plant
Animals	Legend	Pot
Apple	Massachusetts	Seeds
Barefoot	Missionary	September
Chapman	Nurseryman	Settler
Cider	Ohio	Westward
Conservation	Orchard	
Hero	Pioneer	



An Apple a Day

Word Search

DIRECTIONS:
Find and circle the
vocabulary words
in the grid. Look
for them in all
directions including
backwards and
diagonally.

Applejack
Baked
Brown Betty
Butter
Cake
Candied
Caramelized
Chips
Cider
Cobbler
Crisp
Danish
Dried
Dumpling
Eve's Pudding
Fritter
Juice
Pie
Sauce
Soda
Strudel
Tarte Tatin
Turnover

